# ST PAUL'S COLLEGE

### BOARDERS' BUZZ

Dear Boarding Community

Welcome to our first Boarders' Buzz for 2022! And what a start to the year it has been in the Boarding House.

### ISSUE 1 2022

We have welcomed 33 new boarders to our boarding community. This has been our largest intake for several years and it was fabulous to meet and greet new families as they dropped off their children for the very first time. Due to the COVID-19 pandemic, it has been a real challenge for our boarding community over the last two years, but there is a sense of excitement and plenty of energy in the Boarding House this year as our restrictions ease somewhat!

We also welcomed two new staff members to our boarding family. Ashleigh l'Anson will work in the Girls' Boarding House over the weekends. Ashleigh is an Old Collegian of St Paul's and has fond memories of her days here. Jack Nicholas returns to us after a couple of years working in Newcastle. Jack will run our Senior Study Program during the week as we work hard to improve the learning outcomes of our boarders. We also said a sad farewell to Julianne Turner. Julianne has served the boarding community over the past 11 years and has made a tremendous contribution. Julianne will be sorely missed by everyone. We look forward to having her join us for dinner later in the year to say farewell!

The best part of the first couple of weeks is having our boarding program back. It was great to see our Girls' Netball Team out on the court at the Albury night competition. They lost both their grading games, but the way in which they represented St Paul's with their passion, teamwork and attitude was fabulous! We also took a group of boarders into Adrenaline Gym in Albury for a boxing fitness session. Those in attendance had a wonderful session sweating it out and there were a few stiff, sore and tired bodies the next morning! Our Fishing program has kicked off again with many of the boys venturing out to Lake Hume. It was a record night for our anglers, with 72 fish being caught! AJ Roche caught a total of 30 and Ned Stewart managed to haul in his first ever catch. If you follow our social media pages you will be able to see some of the wonderful photos captured of the fishing!

Wednesday was our first Community Dinner for the year, and it was great to see all the positive awards handed out by our Boarding Captains Emma Morris and Michael Daghagheleh. After dinner our junior boarders participated in their Pastoral Care Program lead by Mr Waite and Ms Bradford, and everyone completed their Komodo Wellbeing surveys for the week. On Thursday lots of boarders enjoyed travelling into the Lavington Shopping Centre to hit the shops to purchase supplies for the week.

Overall, it's been a brilliant start to the year with so much going on already. I can't wait to see what the next few weeks bring.

Mr Kris Wheeler Director of Boarding 0438 597 561



### **Girls' Boarding Update**

It was fabulous to welcome everyone back just 2 weeks ago. I was surprised to see how much taller, older, and wiser everyone had become over the Christmas break. Both Vicki, Mandy, Ashley, and I have enjoyed getting to know the newest members of our community and we look forward to hearing their stories and what has brought them to St Paul's College. We certainly have hit the ground running and we look forward to a year of new experiences and sharing some old ones. I have asked 2 of our Year 12 boarders to share a bit about their story here at St Paul's and I hope you enjoy reading them as much as I have. This week we congratulate Nikita on being Boarder of the Week. Nikita has a fabulous attitude and has volunteered her time every morning to be a mentor to our junior boarders showing both leadership and a willingness to sow into other people's lives in a positive way. It's always hard to choose the cleanest rooms but Lucy Bramley, Lucy Adams and Ella Rose stood out this week. Incentive awards for going above and beyond go to Zoe, Evie, Alex and Clair Hay. Well, done to all of you. We are very blessed to have a lively, caring, community and I am looking forward to an awesome year. **Mrs Jackie Tassell** 

### Head of Girls' Boarding

Over the past week as a Year 8 Boarder, I've had many good experiences like going to equine and working out in the gym. Everyone is making strong relationships and making our own little clubs and cliques, on the weekends we did activities in the day and watched movies in the dorms after chilling in the kitchen to have dinner. It's been fun and restful after a day at school. Georgie Anderson, Year 8

My first week and a half of boarding school has been a lot easier and less stressful than expected. I was instantly welcomed into a friend group, I was given the help and answers I needed to figure things out, the workload has not been overwhelming, and I have fit in well with the diverse thinkers of St Paul's College. Tiring as it has been physically, I have had a very enjoyable time with classes, in the boarding house and after school activities such as boxing and mental health mornings with Nikita. **Ava Rossato, Year 9** 

The boarders, old and new have been having a great time over at equine since school started. There are a lot of new riders and horses over there of all disciplines. We have dressage and show jumping, eventing, barrel racing, polocrosse and much more! And of course, the lovely school horses are being used lots. Everyone is enjoying themselves in a lovely and fun/horse crazy atmosphere. We each have one thing in common, our love for horses! No place I'd rather be! Lucy Bramley, Year 12

#### **Mental Health Mornings**

I am lucky enough to run a group in the Boarding House called Mental Health Mornings. I began this group last year with my goal being to enhance social, physical, and mental wellbeing. This year my goal is the same, and we've started with some very motivated participants! Some mornings are fitness focused, where we participate in activities such as netball, gym circuits or an active game. Wellbeing Wednesdays focus more on mental wellbeing, where we do yoga/pilates, engage in lively and invigorating conversations, or have some fun with Just Dance! Every morning I make sure that everyone participates in expressing gratitude; three things they're grateful for and why. I believe that consistently performing these healthy behaviours may be the key to not only a calmer start to the morning, but to improved mental health throughout the day. Everyone is welcome, and I encourage people to get involved as it is a fun, friendly and an inclusive space. I am completely open to ideas and encourage everyone to think about elements that we could incorporate into our morning to enhance our wellbeing. I have really enjoyed seeing people get involved and am very excited to see what the rest of the year brings!

Nikita Clancy, Year 12

### Boys' Boarding Update

It's been a fantastic start to the year and we've enjoyed welcoming all our new families into our community. I hope the journey for everyone within the boys' boarding house is successful and it's positive to see new and old faces so happy to be back and start a fresh new year. I do hope the holidays were a lovely time for our families.

It's shaping up to be a very busy term with restrictions easing in the boarding and wider community. This means we can get back to our full program of experiences and opportunities which we haven't been able to deliver throughout the last couple of years. There has been a positive and energetic buzz within the last three weeks and its terrific to see our culture expand within all year levels.

### Mr Nic Wheeler Head of Boys' Boarding

On the weekend we get to do lots of things like going out fishing, shopping and doing activities in the dorm, like basketball or a fun little game that the dorm parents made up for that night. Even though we do all the activities you can always have some free time to yourself where you can do what you want to do.

For the equine students, we are allowed to go over to horse on most Sundays to ride, whether that be riding around in the paddock, going to the cross country or even riding around the town. Bryce Carey, Year 9

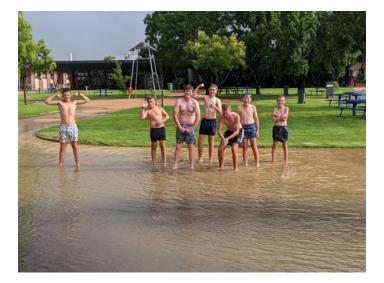
On the weekends you just have free time and you can talk to the boarding house parents. You can do a bunch of activities, chat with your friends and you can do all sorts of things like fishing, shooting and more but in conclusion staying in fulltime is quite fun!

Kaden Lavery, Year 9

### **Boarding Experience**

My boarding experience at St Paul's has been great since the beginning. Regardless of the Covid times, Kris and Nic Wheeler do a great job in working within the rules and restrictions to provide activities such as bowling, fishing, cinemas, and shopping for the boys to enjoy. The boys have a blast getting together when we have the weekend cook ups with Ian and brings us together as a community. Personally, I feel like we forget that we are in the dorm, because we are like a family that comes together to have fun every weekend. Ian does a great job to ensure everyone is having fun and being safe, and I tend to forget that he's a dorm parent instead of a student. I'd like to thank everyone involved in planning and allowing us to regularly enjoy our weekends.

### Michael Daghagheleh, St Paul's Boarding Captain





## Birthdays

There have been many birthdays to celebrate over the Christmas Holiday period. We wish all those boarders who celebrated a birthday during this time, a very Happy Birthday!

The Boarding House will close from 4pm on Friday, March 4th and open from 2:30pm on Monday, March 7th due to the Exeat Weekend. Buses will operate as per usual on the Friday afternoon and Tuesday morning.

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What's On? Fri 25/2 - LaTrobe Experience Clever Day

Thurs 3/3 - BISSA Swimming

**Sat 5/3-Mon 7/3** - Exeat Weekend

**Tues 8/3** - Years 7-10 P/T Interviews 4pm-7:30pm

### Prayer

Lord, thank you for your abundant, abounding grace. Thank you that we don't have to earn a drop of the mighty river of grace that flows freely for us today. Thank you for the unexpected, unmerited favour you've showered on my life. Help me put myself in the path of your love and grace. Help me not neglect the disciplines I need to meet with you regularly and to drink from the water of life. Thank you for your rich love. Amen.

### Girls' Boarder of the Week (Week 1)

Nikita Clancy

Nikita has done a fabulous job organising the Wellbeing Session every morning before breakfast. She is a natural leader who leads by example and is inspiring our Junior Girls! Nikita is always full of positive energy, and it is a real pleasure having her in Grosse House! Well done Nikita! Boys' Boarder of the Week

### William McEachern

It's been a positive start to his boarding journey at St Paul's and it's been noticeable that his attitude, personality, empathy to others and involvement with after school activities, has made him a standout over the past week within the Boys' Boarding. It's always difficult to move away from home at a young age and be put into an environment of 34 teenage boys, a bigger school, having to navigate yourself amongst classrooms, buildings, timetables and 280 new students and teachers. Congratulations! and continue the amazing start that you have given yourself and others. Boarder of the week goes too... William McEachern

### **Equine News**

The Equine Centre has been very busy welcoming many new students and horses.

After a wet start to the term, we have enjoyed riding on some lovely calm warm days. We look forward to training and hopefully preparing for competitions to attend in 2022.

### Ms Julie Barber, Equine Teacher

Rosie in Year 7 has enjoyed riding school horse SPC Maxine since starting Equine at SPC

Welcome Lucy and her horse Elzar to SPC



2023 Enrolments for the Boarding House are now open. If you or someone you know are thinking of enrolling their child into the Boarding House, please contact the College for a tour or enrolment pack on (02) 6029 2200



Facebook & Instagram Please like and follow our Boarding House Facebook and Instagram pages. They are updated most days with all the wonderful achievements our residents are doing every day! Just search @stpaulsresidence or stpaulslearninginresidence









At St Paul's, we believe in the unique skills and gifts of each child. Our unique setting allows us to offer a holistic educational experience including equine, agriculture, day and boarding.

Our balanced approach prioritises academic pursuits while also preparing our students for a life beyond the classroom.



Come and meet with our Principal, Ms Anita Morton and staff to see for yourself what makes St Paul's such a special place.

Please visit our website www.stpaulscollege.nsw.edu.au and register your interest or call (02) 6029 2200

### Round 1 enrolments for 2023 now open until 30 May

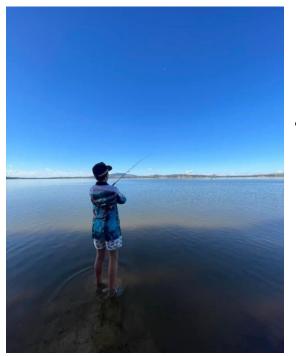








Dodgeball fun



Trying for a catch, & success for Ned!



Claire & Shontaya





Junior boys having fun in the summer rain





Junior girls



Netball team





Gym session









Archie, Bryce & Kayden



Cricket afternoons



School Day 1



A game of UNO



